
Botox Treatments at Medical Spas: Frequently Asked Questions

Contributed by Webmaster
Thursday, 29 January 2009
Last Updated Thursday, 29 January 2009

By Abigail Aaronson

Medical spas are increasing in popularity because they offer a variety of cosmetic treatments, such as chemical peels and Botox Cosmetic in a relaxing environment, as opposed to the cold, clinical environment of a doctor's office..

What is Botox?

Botox is a neurotoxic protein, commonly referred to as an injectable. Small doses are injected into body causing a temporary paralysis to the underlying muscle. This means when used cosmetically to treat wrinkles and unwanted lines, the facial muscle constricts, unable to create the expression that normally forms the wrinkle. This leaves patients with a smoother, more youthful appearance.

Is Botox just for wrinkles?

No! Botox is most commonly used for unwanted facial lines, but it has many other useful purposes. It can also be used on the top of hands or the bust line to smooth out the signs of ageing. It even can help ease excessive sweating on any part of the body by blocking pores. Medically, it can also help problems such as muscle spasms, overactive bladder, and jaw pain associated with temporomandibular joint disorder.

Is
Botox safe?

No cosmetic treatment is completely risk-free; however, there are few complications associated with Botox injections and most are resolved in a matter of days. Common problems include swelling, bruising, and bleeding at injection site, which usually dissipates in the course of one or two days.

More severe risks include allergic reaction and over-injection, which can lead to drooping eyelids or a "frozen" appearance. Maintaining good health, following expert instructions, and choosing a qualified technician can help diminish the odds of developing complications.

Are medical spas safe?

Yes, medical spas that are guided under a board-certified plastic surgeon or medical doctor. Regulations vary by state, so to ensure that you are getting proper treatment from professionals, ask about the level of involvement of the doctor and the staff's training and certification.

Why medical spas?

Few people feel comfortable in the sterile and cold setting of a doctor's office. Medical spas provide a relaxing, soothing environment that can help ease anxiety and stress before the procedure.

Another bonus is that medical spas often specialize in creating customized service packages for clients.

If you're unsure about specific procedures, a trained specialist can help determine the best course of treatment based on your aesthetic goals and individual features. They are also adept at helping you develop a skin care regime after your visit in order to maximize results and ensure that you'll continue to glow long after you leave.

What other services do medical spas offer?

Medical spas offer a variety of cosmetic treatments that can be used in conjunction with Botox, as well as relaxation therapies to help you unwind and pamper yourself from the inside out. A typical medical spa menu will include more invasive procedures such as laser skin resurfacing, laser hair removal or electrolysis, facial injectables and chemical peels.

There are often many milder treatments that can be purchased separately or in conjunction with other procedures such as microdermabrasion and facials. For relaxation, body massages and aroma therapy are common offerings.

Medical spas are a great alternative for those seeking facial rejuvenation procedures and cosmetic guidance. They are just as safe and reputable as a doctor's office, just be sure to choose one with an expert doctor readily available.

Many medical spas offer facial rejuvenation and wrinkle treatments such as Botox. Pittsburgh medi spa offers the highest quality treatments with the ultimate pampering and relaxation experience. Visit www.acquablumedicalspa.com to learn more.

Your Network For Clinical Support Information

{mos_sb_discuss:2}